

FOREIGN MUCK

SCRATCH BURGERS & BURRITOS

Soups/Appetizers

Soups made from scratch served with
homemade bread

Cream of tomato (available vegan)

Spicy red pepper with chicken black beans &
rice (available vegan)

Ask about our rotating soup.

£6

Chips & Salsa

Fresh homemade corn tortilla chips, homemade
salsa

£3

Guacamole

Fresh smashed avocado, lime, coriander,
tomato, red onion, garlic, jalapeno, pomegranate
seeds.

With fresh homemade corn tortilla chips

£6.5

Artichoke Spinach Dip

Artichoke hearts, warm cream cheese sauce,
wilted spinach, garlic. Served with homemade
tortilla chips

£7

Chicken Wings

Crispy chicken wings in house Parliament BBQ,
or choice of buffalo sauce- mild, medium, hot, or
Rambo.

With homemade ranch, carrot, and celery

£8

Queso Dip

Warm cheese sauce with jalapeno, coriander,
roasted red peppers. Served with house corn
tortilla chips

£7

Onion Rings

Beer battered chunky onion rings, served with
house made ketchup and ranch

£5

Quesadilla

Homemade flour tortilla filled with cheese, grilled
until melted and crisp.

Served with sour cream and salsa

£6

Add Chicken £3, Steak £4, Shrimp £5,
Veggies £2.5

Stuffed Jalapenos

Battered and fried-

Cream Cheese £5

Cream Cheese and Cornish Crab £12

Cream Cheese and Bacon £7

Burritos & Bowls

All burritos & bowls served with house hot sauce.

Bowls served over mixed greens, Mexican
potatoes, or extra rice and beans

Carne Asada

Steak, rice, beans, cheddar, pico de gallo,

Side of sour cream

£10.5

Pollo

Marinated chicken breast, beans, rice, pico de
gallo, cheddar, side of lime crema

£9.5

Meat & Cheese

Steak, chicken, bacon, Mexican potatoes,
cheddar

£10

Carne Adovada

Red chilli stewed pork, rice, beans, cheddar,
side of sour cream

£11

Arizona

Steak or chicken, Mexican potatoes,
pico de gallo, cheddar, refried beans

£10.5/£9.5

Chilli Con Carne

Homemade chilli con carne, rice, cheddar,
lettuce, side of sour cream

£9.5

Beer Battered Hake

Beer battered Cornish hake (MSC approved) lime
crema, crisp cabbage, rice, pico de gallo

£12

Beer Battered Avocado

Beer battered avocado, lime crema, rice, crisp
cabbage, pico de gallo

£9

Veggie Chilli

(vegan by request)

Homemade veggie chilli,

cheddar, sour cream, lettuce, pico de gallo

£9

Veggie Arizona

(vegan by request)

Grilled peppers & onions, portobello mushroom,
potatoes, pico de gallo, cheddar, beans

£10

Bean Burrito

(Vegan by request)

House beans, pickled red onion, cheese

£7

Whatever Next!

Burrito of the month (Ask)

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Fajitas & Plates

Fajitas

Grilled onions and bell peppers, with choice of Shrimp £16, Beef £15, Chicken £14, or Mixed Vegetables £13.

Served scorching, with sides of homemade flour tortillas, rice, beans, salsa, grated cheese, guacamole, and sour cream

Enchiladas

Any of our burritos drowned in red or green enchilada sauce & cheese, served with rice and beans, guacamole and sour cream
Add £3 to burrito price

Chimichangas

Any of our burritos, deep fried, served with rice and beans, sour cream, guacamole and salsa
Add £3 to burrito price

Carne Adovada Plate

Red chilli stewed pork, open tortilla, rice, beans, cheddar, pico de gallo, sour cream
£13

Nachos

Scratch tortilla chips, melted cheese, salsa, guacamole, fresh jalapeno, sour cream
£10

Chilli Cheese Nachos

Scratch tortilla chips loaded with veggie or beef chilli, cheese, sour cream, guacamole
£11.5

Carne Adovada Nachos

Red chilli stewed pork, cheddar, pico de gallo, sour cream
£12

Mucky Chips

House cut proper chips with melted cheddar, plastered with beef chilli, veggie chilli, carne adovada, or nacho toppings. All served with sour cream and salsa
£10.5

Chilli Con Carne

Homemade Veggie or Beef Chilli
Over white or brown rice. Topped with grated cheddar. Be reckless add sour cream!
£9.5

Tacos

Two for £7 or Three for £9

Fish Taco

Beer battered Cornish hake (MCS approved) lime crema, cabbage, pickled red onion, coriander

Crafty Gringo

Soft flour tortilla smothered in refried beans, wrapped around a crisp corn tortilla, filled with beef chilli, or veggie chilli, pico de gallo, cheddar, and sour cream

Beer Battered Avocado

Beer battered avocado, lime crema, cabbage, pickled red onions, coriander

Carne Adovada

Red chilli stewed pork, cheddar, pico de gallo, sour cream

Carne Asada

Steak, rice, beans, cheddar, pico de gallo

Pollo

Marinated chicken breast, pico de gallo, cheddar, lime crema, pickled red onion, crisp cabbage and coriander

Sides

Hand Cut Proper Chips £4

Hand Cut Sweet Potato fries £4

Onion Rings £3

Mexican Potatoes £4

Mexican Rice (white or brown) £2

Beans (Refried, or not) £2

Guacamole £3

Sour Cream £2

Salsa £2

Pico De Gallo £2

Coleslaw £2

Tortilla Chips £3

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Burgers

Homemade baps, Cornish ground beef with no fillers. Served with hand cut sweet potato fries, or proper hand cut chips.

Switch any burger patty for Southern fried chicken breast, grilled chicken breast, or any of our veggie burgers »

None of that Muck

Homemade bap, butter, burger.
£10

Go wild! Add cheese £1

Royale with Cheese

Cheddar cheese, pickles, lettuce, tomato, yellow onion, mayo, mustard, house made ketchup
£13.5

Django

House made onion rings, bacon, BBQ sauce, cheddar, lettuce, tomato
£14

Nothing to Dislike

Peanut butter, raspberry jam, bacon, cheddar
£13.5

Chilli Burger

Beef or veggie chilli, cheddar, fresh jalapeno, lettuce, tomato, sour cream
£13

Wild Mushroom & Swiss

Wild mushrooms, Gruyere cheese, lettuce, tomato, mayo, red onion, whole grain mustard
£16

Bit Extravagant!

Cornish crab with cream cheese, homemade tartar sauce, cheddar, butter lettuce, tomato, pickled red onion
£19

Giddy Limit

Sweet fresh chilli relish, Swiss cheese, onion rings, lime mayo, butter lettuce, fresh coriander
£13.5

Kalifornia

Cheddar cheese, lettuce, tomato, fried battered avocado, Marie Rose
£13.5

Your Own Fault

Runny egg, mushrooms, bacon, cheddar, jalapeno
£14

Porkies Revenge

Pulled carne adovada pork, cheddar, jalapenos, lime crema, lettuce and tomato
£15

Burgers continued...

Portobello (V)

(Vegan and not spicy by request)

Grilled marinated portobello mushroom, grilled red pepper, cheddar, lettuce, chipotle mayo, fresh jalapeno and red onion
£14

Black Bean Falafel (V)

(Vegan by request)

House made black bean falafel patty, pickles, lettuce, tomato, red onion, vegan chipotle mayo
£12

Veggie Cow (V)

(Vegan by request)

House made vegetarian wheat protein patty, pickles, onions, cheddar, lettuce, tomato, mayo, ketchup, mustard
£13

Southern Fried (V)

Cauliflower

(Vegan by request)

Southern fried cauliflower, Lettuce, tomato, house made hot sauce, mayo
£13

Salads

Add Chicken £3, Steak £5, Shrimp £6, Southern Fried Cauliflower £3

Garden Salad

Mixed greens, tomatoes, red onions, cucumbers, tossed in lemon pesto, or roasted red pepper dressing
£6

Ginger Kale

Kale, spinach, shredded carrot, pumpkin seeds, pickled red onions, brown rice, and roasted red peppers. Tossed in a spicy ginger soy dressing
£8

Taco Salad

Fresh greens, pico de gallo, black beans, avocado, homemade tortilla strips, pickled red onions. Tossed in chilli coriander dressing
£8

Caesar

Romaine, house made Caesar dressing, croutons
£7

Cobb

Mixed greens, bacon, chicken, cucumbers, boiled egg, cheddar cheese, red onions, tomatoes. Tossed in ranch dressing
£11

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