

# FOREIGN MUCK

## LUNCH SPECIALS

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### Grilled Cheese Sandwiches

On our Homemade Bread. Add Cup of Soup or Salad £3

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#### **No Fuss just Cheddar (V)**

Side of ketchup  
£6

#### **Cheese Steak**

Cheddar, steak, peppers, onions, mushrooms  
Served with wholegrain mustard mayo  
£8.5

#### **Patty Melt**

Home ground Cornish beef burger, onions, cheddar  
Served with wholegrain mustard mayo  
£8

#### **Buffalo Chicken**

Grilled chicken with homemade buffalo hot sauce and cheddar  
Served with homemade ranch  
£7.5

#### **Buffalo Cauliflower (V)**

Deep-fried cauliflower with homemade buffalo hot sauce and cheddar  
Served with homemade ranch  
£7

#### **Ee There**

Chicken, cheddar, rhubarb jalapeño plum and basil jam  
Served with homemade ranch  
£8

#### **Mr. Mature (V)**

Cornish mature cheddar with bramley chutney  
Served with a pickled onion  
£7.5

#### **Load of Yank**

Cheese, steak, grilled bell peppers, onion rings and house BBQ sauce.  
Served with homemade ranch  
£8.5

#### **Carne Adovada**

Carne adovada (red chilli stewed pork) fresh sliced jalapeños and cheese  
Served with side of sour cream  
£8

#### **Ruddy Nora (V)**

Cheese, salsa, veggie chilli and fresh sliced jalapeños  
Served with side of sour cream  
£7.5

#### **There's Lovely**

Steak, cheese, wild mushroom and ginger soy sauce  
Served with yellow mustard  
£9

### **Make your own Grilled Cheese by adding any of the following to the 'No Fuss just Cheddar' @ £6**

Red Onion, Yellow Onion, Fresh Tomato, Dijon Mustard 50p each. Portobello Mushrooms £1.5  
Grilled Bell Peppers 75p Fresh Jalapeño 50p Wild Mushrooms £2 Veggie Chilli £1.5 Buffalo Cauliflower £1.5  
Bacon £2 Burger patty £3 Grilled Chicken £2.5 Buffalo Chicken £2.5  
Carne Adovada (red chilli stewed pork) £2.5 Beef Chilli £2.5  
Grilled Steak £3.5 Grilled Shrimp £4

IF YOU HAVE ANY ALLERGIES OR INTOLERANCES, PLEASE INFORM A MEMBER OF STAFF

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### Salads

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Add Chicken £3, Steak £5, Shrimp £5, Southern Fried Cauliflower £3

#### Garden Salad

Mixed greens, tomatoes, red onions, cucumbers,  
tossed in lemon pesto, or roasted red pepper dressing  
£5

#### Ginger Kale

Kale, spinach, mixed greens, shredded carrot, pumpkin seeds,  
pickled red onions, rice and roasted red peppers.  
Tossed in a spicy ginger soy dressing  
£7

#### Taco Salad

Fresh greens, pico de gallo, black beans, avocado,  
homemade tortilla strips pickled red onions.  
Tossed in chilli coriander dressing  
£7

#### Caesar

Romaine, house made Caesar dressing, croutons  
£6

#### Cobb

Mixed greens, bacon, chicken, cucumbers, boiled egg, cheddar cheese,  
red onions, tomatoes. Tossed in ranch dressing  
£9

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### Soups

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Ask your server which of our rotating homemade soups are available.  
Served with homemade sliced bread and butter  
£6.5 Bowl/ £5 Cup

## Half Soup/Half Salad

£8 (£10 - with Cobb salad)

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### Sides

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Hand Cut Proper Chips £4

Hand Cut Sweet Potato Fries £5

Mexican Potatoes £4

Mexican Rice £2

Beans (Refried, or not) £2

Guacamole £3

Sour Cream £2

Salsa £2

Sliced Fresh Jalapeno £1

Pico De Gallo £2

Coleslaw £2

Scratch made Tortilla Chips £3

