

FOREIGN MUCK

LUNCH SPECIALS

Grilled Cheese Sandwiches

On our Homemade Bread. Add Cup of Soup or Salad £3

No Fuss just Cheddar (V)

Side of ketchup
£6

Cheese Steak

Cheddar, steak, peppers, onions, mushrooms
Served with wholegrain mustard mayo
£8.5

Patty Melt

Home ground Cornish beef burger, onions, cheddar
Served with wholegrain mustard mayo
£8

Buffalo Chicken

Grilled chicken with homemade buffalo hot sauce and cheddar
Served with homemade ranch
£7.5

Buffalo Cauliflower (V)

Deep-fried cauliflower with homemade buffalo hot sauce and cheddar
Served with homemade ranch
£7

Ee There

Chicken, cheddar, rhubarb jalapeño plum and basil jam
Served with homemade ranch
£8

Mr. Mature (V)

Cornish mature cheddar with bramley chutney
Served with a pickled onion
£7.5

Load of Yank

Cheese, steak, grilled bell peppers, onion rings and house BBQ sauce.
Served with homemade ranch
£8.5

Carne Adovada

Carne adovada (red chilli stewed pork) fresh sliced jalapeños and cheese
Served with side of sour cream
£8

Ruddy Nora (V)

Cheese, salsa, veggie chilli and fresh sliced jalapeños
Served with side of sour cream
£7.5

There's Lovely

Steak, cheese, wild mushroom and ginger soy sauce
Served with yellow mustard
£9

Make your own Grilled Cheese by adding any of the following to the 'No Fuss just Cheddar' @ £6

Red Onion, Yellow Onion, Fresh Tomato, Dijon Mustard 50p each. Portobello Mushrooms £1.5
Grilled Bell Peppers 75p Fresh Jalapeño 50p Wild Mushrooms £2 Veggie Chilli £1.5 Buffalo Cauliflower £1.5
Bacon £2 Burger patty £3 Grilled Chicken £2.5 Buffalo Chicken £2.5
Carne Adovada (red chilli stewed pork) £2.5 Beef Chilli £2.5
Grilled Steak £3.5 Grilled Shrimp £4

IF YOU HAVE ANY ALLERGIES OR INTOLERANCES, PLEASE INFORM A MEMBER OF STAFF

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Salads

Add Chicken £3, Steak £5, Shrimp £5, Southern Fried Cauliflower £3

Garden Salad

Mixed greens, tomatoes, red onions, cucumbers,
tossed in lemon pesto, or roasted red pepper dressing
£5

Ginger Kale

Kale, spinach, mixed greens, shredded carrot, pumpkin seeds,
pickled red onions, rice and roasted red peppers.
Tossed in a spicy ginger soy dressing
£7

Taco Salad

Fresh greens, pico de gallo, black beans, avocado,
homemade tortilla strips pickled red onions.
Tossed in chilli coriander dressing
£7

Caesar

Romaine, house made Caesar dressing, croutons
£6

Cobb

Mixed greens, bacon, chicken, cucumbers, boiled egg, cheddar cheese,
red onions, tomatoes. Tossed in ranch dressing
£9

Soups

Ask your server which of our rotating homemade soups are available.
Served with homemade sliced bread and butter
£6.5 Bowl/ £5 Cup

Half Soup/Half Salad

£8 (£10 - with Cobb salad)

Sides

Hand Cut Proper Chips £4

Hand Cut Sweet Potato Fries £5

Mexican Potatoes £4

Mexican Rice £2

Beans (Refried, or not) £2

Guacamole £3

Sour Cream £2

Salsa £2

Sliced Fresh Jalapeno £1

Pico De Gallo £2

Coleslaw £2

Scratch made Tortilla Chips £3

