FOREIGN MUCK

SCRATCH MADE BURGERS & BURRITOS

About Us, What's with The Name!?

Well first off, we definitely don't serve muck. Our menu offers mainly Mexican and American food, all made from scratch, the tortillas, the burger baps, everything right through to the ketchup. We only use the finest ingredients, and source local seafood, meats, and vegetables.

When we were kids in Saltash during the early 80's, we were lucky enough to go out for meals now and again. But we always remember how the old man was a little scared when it came to trying anything new. We could only persuade him to join us with the promise there'd be chicken and chips on the 'English menu'. It wasn't too long though before he was stealing from our plates and realising what he'd been missing.

As a chef, I look at all this as a celebration of how far most of us have come, and obviously a little jab at the old man and anyone who still does, or used to mutter, 'I ain't eating that foreign muck'.

Cheers! Hope you enjoy! FM xx



Appetizers
(Shareable)

Chips & Salsa
Fresh homemade corn tortilla chips, homemade salsa
£8

Guacamole
Fresh smashed avocado, lime, coriander, tomato, red onion, garlic, jalapeno
With fresh homemade corn tortilla chips
£11

Queso Bean Dip
Homemade refried beans with pico de gallo, cheese, topped with pico
Served with homemade tortilla chips
£10.5

Queso Dip
Warm cheese sauce with jalapeno, coriander, sautéed red onion and bell peppers. Served with house corn tortilla chips
£11

Artichoke Spinach Dip
Artichoke hearts, warm cream cheese sauce, wilted spinach, garlic. Served with homemade tortilla chips
£11

Chicken Wings
Crispy chicken wings in house Parliament BBQ, or choice of buffalo sauce- mild, medium, hot, or Rambo.
With homemade ranch, carrot and celery
£13.5

Cauliflower Wings
Crispy battered cauliflower bites with house Parliament BBQ, or choice of buffalo sauce- mild, medium, hot, or Rambo.
With homemade ranch, carrot and celery
£12

Onion Rings
Beer battered chunky onion rings, served with house made ketchup and ranch
£9.75

Quesadilla
Homemade flour tortilla filled with cheese, grilled until melted and crisp.
Served with sour cream and salsa
£11
Add Chicken £4 Steak £5, Shrimp £6, Veggies £3

Mac Slayers
Mac and cheese balls breaded and deep fried.
Served with homemade ranch & house hot sauce
£13

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Burgers

Homemade baps, Cornish in-house ground beef with no fillers. Served with proper chips or French fries

Switch any burger patty for Southern fried chicken breast, grilled chicken breast, or any of our veggie burgers (add £1.5 for Beyond TM plant-based burger)

None of that Muck
Homemade bap, butter, burger.
£14
GO WILD! Add cheese £1.5
Any other additions, including an extra patty, please ask your server

Royale with Cheese
Cheddar, pickles, lettuce, tomato, yellow onion, mayo, mustard, house made ketchup
£19

Django
House made onion rings, mayo, bacon, mild spiced BBQ sauce, cheddar, lettuce, tomato
£21

Nothing to Dislike
Peanut butter, raspberry jam, bacon, cheddar
£20

Chilli Burger
Beef or veggie chilli, cheddar, fresh jalapeno, lettuce, tomato, sour cream
£20

Wild Mushroom & Swiss
Wild mushrooms, Swiss cheese, lettuce, tomato, red onion, wholegrain mustard mayo
£20.5

Bit Extravagant!
One whole portobello mushroom on top the burger, grilled & topped with Stilton. Wholegrain mustard mayo, lettuce, red onion.
£21

Giddy Limit
Sweet fresh chilli relish, Swiss cheese, onion rings, lime mayo, lettuce
£20

Kalifornia
Swiss cheese, lettuce, tomato, crisp battered avocado, Marie Rose
£20.5

Booze Hounder
Runny fried egg, buttered bap, mushrooms, bacon, cheddar, fresh jalapeno
£20

Porkies Revenge
Pulled carne adovada pork, cheddar, fresh jalapenos, lime mayo, lettuce and tomato
£20

Burgers continued...

Redneck Ray
Pulled spicy BBQ pork, cheddar, fresh jalapenos, lettuce and lime mayo coleslaw
£21

Portobello (V)
(Vegan and not spicy by request)
Grilled marinated portobello mushroom, grilled red pepper, cheddar, lettuce, chipotle mayo, fresh jalapeno and red onion
£19

Veggie Cow (V)
(Vegan by request)
Beyond TM plant-based burger patty, cheddar, pickles, onions, lettuce, tomato, mayo, ketchup, mustard
£19.5

Buffalo Southern Fried Cauliflower (V)
Southern fried cauliflower drowned in house made buffalo sauce- mild, medium, hot, or Rambo
Lettuce, tomato, mayo
£19

Salads

Add Chicken £4, Steak £5, Shrimp £6, Southern Fried Cauliflower £4

Garden Salad
Mixed greens, tomatoes, red onions, cucumbers, tossed in roasted red pepper dressing, or ranch
£8

Ginger Kale
Kale, spinach, mixed greens, shredded carrot, pumpkin seeds, pickled red onions, rice and roasted red peppers. Tossed in a spicy ginger soy dressing
£10.5

Taco Salad
Fresh greens, pico de gallo, black beans, avocado, homemade tortilla strips, pickled red onions. Tossed in chilli coriander dressing
£10.5

Caesar
Romaine, house made Caesar dressing, shaved parmesan, homemade croutons
£9.5

Cobb
Mixed greens, bacon, chicken, cucumbers, boiled egg, cheddar cheese, red onions, tomatoes. Tossed in ranch dressing
£15

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Burritos & Bowls

Served with house hot sauce. Bowls – no tortilla, served over rice, potatoes or mixed greens.

Carne Asada
Steak, rice, beans, cheddar, pico de gallo, Side of sour cream
£17

Pollo or Camarones
Marinated chicken breast or shrimp, beans, rice, pico de gallo, cheddar, side of lime crema
£15/ £17.5

Meat & Cheese
Steak, chicken, bacon, potatoes, cheddar
£18

Carne Adovada
Red chilli stewed pork, rice, cheddar, pickled red onion, side of sour cream
£18

Arizona
Refried beans, steak or chicken, French fries (Burrito) or potatoes (Bowl), pico de gallo, cheddar
£18/ £16.5

Chilli Con Carne
Homemade chilli con carne, Mexican rice, cheddar, pico de gallo, lettuce, side of sour cream
£14.5

Beer Battered Hake
Beer battered or grilled Cornish hake, lime crema, crisp cabbage, pickled red onion, rice, pico de gallo
£19

Beer Battered Avocado
Beer battered avocado, lime crema, rice, crisp cabbage, pickled red onion, pico de gallo
£17.5

Veggie Arizona
(vegan by request)
Refried beans, grilled peppers & onions, portobello mushroom, courgette, French fries (Burrito) or potatoes (Bowl), pico de gallo, cheddar
£17

Veggie Chilli
(vegan by request)
Homemade veggie chilli, Mexican rice, cheddar, sour cream, lettuce, pico de gallo
£13.75

Bean Burrito
(vegan by request)
House beans, refried beans, crisp red cabbage, Mexican rice, pickled red onion, pico de gallo, cheese
£13.5

Fajitas & Plates

Fajitas
Grilled onions and bell peppers, with choice of Shrimp £18, Beef £18.5, Chicken £17, or Mixed Vegetables £15.5
Served scorching, with sides of homemade flour tortillas, rice, beans, salsa, grated cheese, guacamole and sour cream

Enchiladas
Any of our burritos served 'enchilada style' covered in red & green enchilada sauce & melted cheese. Served with rice & beans, guacamole & sour cream
Add £5.5 to burrito price

Chimichangas
Any of our burritos, deep fried, served with rice and beans, sour cream, guacamole and salsa
Add £5.5 to burrito price

Carne Adovada Plate
Red chilli stewed pork, open tortilla, rice, beans, cheddar, pico de gallo, pickled red onion, sour cream
£18.5

Nachos
Scratch tortilla chips, melted cheese, salsa, guacamole, fresh jalapeno, sour cream, beans
£16.5

Chilli Cheese Nachos
Scratch tortilla chips loaded with veggie or beef chilli, cheese, sour cream, guacamole
£18

Carne Adovada Nachos
Red chilli stewed pork, cheddar, pico de gallo, sour cream
£18.5

Chilli Con Carne
Homemade Veggie or Beef Chilli, open tortilla, Mexican rice with grated cheddar, pico de gallo and sour cream
£14.5
GO WILD! – Add crisp cabbage and pickled red onions for £1.5

Mucky Chips
House cut proper chips with melted cheddar, plastered with choice of beef chilli, veggie chilli, nacho toppings or carne adovada (add £2)
All served with sour cream and salsa
£16.5

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Tacos

Two for £10 or Three for £14

Add a side of rice and beans £2.5

Fish Taco
Beer battered or grilled Cornish hake, lime crema, cabbage, pickled red onion, coriander

Shrimp Taco
Marinated shrimp, cabbage, pickled red onions, pico de gallo, green tomatillo salsa, lime crema

Crafty Gringo
Soft flour tortilla smothered in refried beans, wrapped around a crisp corn tortilla, filled with beef chilli, or veggie chilli, pico de gallo, cheddar and sour cream

Beer Battered Avocado
Beer battered avocado, lime crema, cabbage, pickled red onions, coriander

Carne Adovada
Red chilli stewed pork, cheddar, pico de gallo, pickled red onion, sour cream

Carne Asada
Steak, rice, beans, cheddar, pico de gallo

Pollo
Marinated chicken breast, pico de gallo, cheddar, lime crema, pickled red onion, crisp cabbage and coriander

Machaca
Shredded beef, cheddar, pickled red onion, fresh coriander in a grilled taco

Sides

Proper Chips £5

French Fries £5

Mexican Potatoes (includes peppers, onions and sour cream) £6

Mexican Rice £2.5

Beans (Refried, or not) £2.5

Guacamole £5 Pico De Gallo £2.5

Sour Cream £2 Salsa £3

Sliced Fresh Jalapeno £2

Coleslaw £3.5

Made from Scratch Tortilla Chips £3.5

Sauces

We make all of our sauces from scratch (aside from the mayo, sour cream and mustard)

Why not give them a try alongside your meal! Choose from the following…

BBQ

Chipotle Mayo

House Hot

Ketchup

Lime Crema

Ranch

Sweet Chilli

50p per serving

Buffalo (mild, medium or hot)

Green Enchilada

Red Enchilada

Rambo

£2 per serving

Desserts (Shareable)

Banoffee Pie
Topped with toasted almonds (optional) and dark chocolate shavings
£8

Homemade Chocolate Brownie
Served warm with our homemade vanilla ice cream
£8

Homemade Ice Cream
Vanilla, Chocolate or Strawberry (3 scoops) £5

Vegan Vanilla Ice Cream
£5

Fancy something a little stronger with your dessert…why not try one of our Signature Cocktails! Ask your server for our menu

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Soft Drinks

Coke

£4.1 Pint/ £2.75 Half Pint

Diet Coke

£3.95 Pint/ £2.4 Half Pint

Schweppes Lemonade

£3.95 Pint/ £2.4 Half Pint

Homemade Still Strawberry Lemonade £3.5

Britvic

Orange Juice

Cranberry Juice

Pineapple Juice

Tomato Juice

£2.8

Cornish Orchards (cans)

English Apple

Sicilian Lemonade

Elderflower

£3.2

Fever-Tree

Indian Tonic

Mediterranean Tonic

Elderflower Tonic

Light Tonic

Ginger Ale

Ginger Beer

£2.8

Soft Drinks cont.

Healeys Apple Juice £3.4

Grapefruit Ting £2.75

Pineapple Soda £2.75

Marlish Sparkling Water £1.85

Bottles

Fanta

Sprite

Coke Zero

£2.95

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